



# Women Veterans

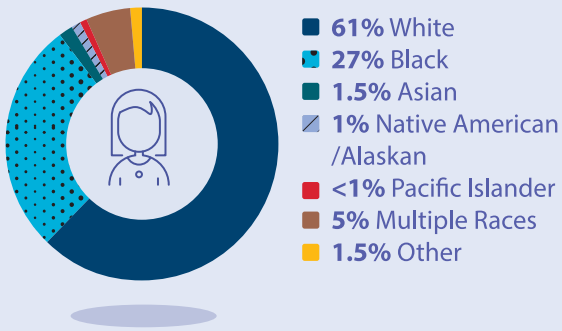
The Million Veteran Program (MVP), VA's largest research effort, is inviting more than 1 million Veterans to help us understand how genes, lifestyle, military experiences, and exposures affect your health and wellness.

Preventions, treatments, and diseases can affect men and women differently. With your help, we hope to enroll **as many women as possible** into MVP so we can make more discoveries for women.



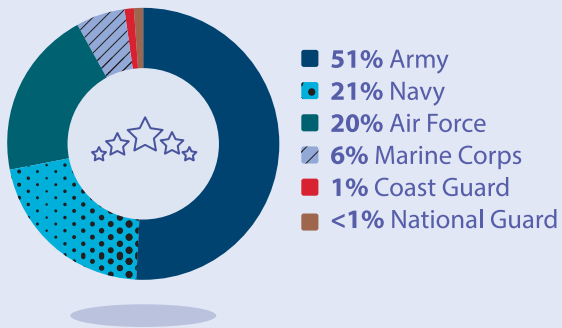
Nancy, Army Veteran Kelly, Army Veteran  
Mother & Daughter

## Women enrolled in MVP



\*3% of enrollees did not report their race

## Women in MVP come from many different service branches



## You can make a difference for women Veterans by joining MVP



Sign up today at [mvp.va.gov](http://mvp.va.gov), or call **866-441-6075** to make an appointment at a participating VA facility.

## MVP's research is important to women Veterans



• We learned that a genetic risk model can accurately predict breast cancer risk in women Veterans. This may lead to personalized screenings based on your risk.



• Our data is used to study many mental health conditions experienced by women Veterans in MVP, including depression, PTSD, traumatic brain injury, and anxiety.



• The rate of suicide among women Veterans is nearly double that of non-Veteran women. At MVP, we're studying ways to better predict and prevent suicide attempts.



• Heart disease is the leading cause of death for women in the United States. We're studying what puts people at risk – and what protects people – from different kinds of heart diseases. For example, we recently learned that people who report eating nuts, but not peanut butter, more than 5x per week have a lower risk of coronary artery disease.



• Over 2 in 5 women in MVP report having osteoarthritis. We discovered genetic risk factors for osteoarthritis, which may aid in the development of interventions and treatments for women with osteoarthritis.



## Your privacy is at the core of our mission

We follow all federal regulations to keep your data and information secure. One way we do this is by removing information like your name and date of birth from your data, so our researchers do not know your data belongs to you.

It's always your choice if you want to participate in research. You can stop at any time. Your participation won't affect your eligibility for, or access to, VA health care or benefits.



U.S. Department of Veterans Affairs